

Kent Campbell, MA

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Dear Practicum Selection Committee,

I am writing to express my support of Sherie Martinez for your practicum traineeship program. I had the privilege of teaching Sherie in two key courses during her graduate studies in Counselling Psychology: CPSY 200 (Interpersonal Communication) and CPSY 275 (Law and Ethics). She has expressed a clear interest in working with children, adolescents, and families to support them in their mental health journeys. She is especially passionate about helping individuals of all ages work through family dynamics, manage emotional challenges, and improve their overall mental health and well-being.

Since CPSY 275, Sherie has built a strong foundation in a variety of therapeutic approaches, including working with relationships, families, and individuals from diverse backgrounds. She's gained skills in assessing and addressing mental health concerns particularly with children and adults. Her coursework has also prepared her on evidence-based practices and how cultural factors impact mental health, all of which have shaped her approach to therapy.

To me, selecting Sherie for a traineeship program is easy: she has the temperament, maturity, and budding clinical skills to be a fantastic clinician. While every trainee is at the beginning of their clinical experience, Sherie strikes me as someone I am certain would quickly develop strong clinical techniques. Moreover, Sherie is the kind of person I would want on my team: kind, thoughtful, balanced and able to connect with others. Sherie is very much ready for this next step, and I highly recommend her application. Please do not hesitate to contact me at KCampbell@SCU.edu or (408)757-7323 if you need further information.

Sincerely,

Kent Campbell, MFT

President, Family Matters Counseling Services
Lecturer, Santa Clara University
Member, CAMFT Ethics Committee