

John Amir Zargar

Bowie, MD 20716 | (818) 800-4432 | zargarjohn@gmail.com

Professional Summary

Multidisciplinary veteran and reservist with five years of U.S. Air Force service and current reservist in Administration at Joint Base Andrews. Skilled in crisis response, trauma support, and organizational leadership, including experience as a child abuse monitor, with extensive volunteer and leadership experience.

A 4.0 GPA Psychology senior (UMGC) with an A.S. in Criminal Justice, consistently recognized on the Dean's List and inducted into Salute and Alpha Sigma Lambda honor societies. Fluent in Farsi, experienced in trauma-informed care, crisis intervention, and resilience-building, and dedicated to advancing clinical psychology practice for veterans and communities through PsyD training.

Education

Bachelor's of Science in Psychology University of Maryland Global Campus 4.0	May 2026
Associate's of Arts in Liberal Arts Park University 3.8	May 2026
Associate's of Science in Criminal Justice Air University 4.0	May 2024

Research & Clinical Experience

United States Air Force Reserve – Joint Base Andrews, MD Administration & Support | 2024–Present

- Managed sensitive personnel records and facilitated communication across departments, ensuring ethical and confidential handling of mental health and administrative matters.

United States Air Force – Hill Air Force Base, UT

Child Abuse Monitor | 2023–2024

- Collaborated with the Office of Special Investigations on child abuse and sexual trauma cases, documenting detailed statements from minors and suspects.
- Maintained strict confidentiality and trauma-informed care until all investigators arrived.
- Provided immediate emotional stabilization, crisis intervention, and ethical handling of sensitive cases.

Professional Experience

General Protective Services Enterprise, LLC | Greenbelt, MD | 2025 - present

Human Resources Executive: *Oversee HR operations and event security staffing, balancing personnel management with organizational accountability in a dynamic, high-pressure environment.*

- Maintain and organize personnel, certifications, and background checks, supporting compliance with state and federal requirements.
- Coordinate events, staffing plans, and real-time security operations across multiple location sites.
- Discuss with city officials, preparing and submitting reports, invoices, and compliance documentation.

United States Air Force Reserve | Joint Base Andrews, Suitland, MD | 2024 - Present

Administration: *Supports administrative operations, personnel management, and cross-department communication to maintain efficient base operations.*

- Manage and maintain personnel records with strict confidentiality, ensuring compliance with Air Force policies such as the Uniform Military Code of Justice.
- Coordinate assignments, promotions, and evaluations for service members, contributing to career development and unit effectiveness.
- Support communication systems and budgeting efforts, ensuring efficient resource management and

John Amir Zargar

Bowie, MD 20716 | (818) 800-4432 | zargarjohn@gmail.com

timely dissemination of critical directives.

United States Air Force | Hill AFB, Layton, UT | 2022 - 2024

Entry Controller & Patrolman: *Maintained base security through access control, patrols, and real-time crisis response while supporting individuals in distress.*

- Enforced access control procedures for high-security areas, verifying thousands of credentials for personnel and vehicles.
- Served as a first responder to domestic disturbances, suicidal ideations, and other crises, utilizing conflict de-escalation and crisis communication techniques.
- Collaborated with law enforcement and first responders to ensure regulatory compliance and rapid resolution by offering training courses to adhere to all standards across the board.

Visitor Control Center Clerk: *Managed sensitive security and personnel information while providing child abuse case support in coordination with law enforcement.*

- Processed over 100,000 background checks, ensuring safe access to base facilities and protecting military families from potential threats.
- Developed and implemented a training guide for Utah's background-checking systems, now used as a standardized resource for Security Forces personnel.
- Screened 100+ visitors daily using Utah Code of Justice systems, assessing potential risks, verifying warrants, and ensuring the safety of personnel and families, while applying trauma-informed communication and maintaining strict confidentiality.

United States Air Force | Kirtland AFB, Albuquerque, NM | 2020 - 2022

Response Force Leader: *Led and coordinated security response teams while ensuring the safety of personnel, assets, and the surrounding community under high-pressure conditions.*

- Led Security convoys protecting Department of Defense and Department of Energy assets valued at over \$2 trillion.
- Executed rapid response protocols to security breaches, medical emergencies, and the ethical use of protocols tactically.
- Enhanced morale and safety coordination through joint exercises, improving operational readiness across security and medical teams, such as the off-base fire department, and EMTs.

United States Air Force | Lackland AFB, San Antonio, TX | 2019 - 2020

Trainee/Airman: *Completed intensive military training while serving as a peer support leader, providing mentorship and emotional support to fellow trainees during high-stress transitions.*

- Graduated from Basic Military Training and selected as a chapel guide, guiding fellow trainees to their designated churches or places of worship.
- Graduated from Security Forces Technical School as a runner and fire team lead, directing my fire team of 4 on where to engage hostile enemies during training exercises.
- Served as a "White Rope," counseling peers through personal, academic, and emotional stressors in a high-pressure environment during the COVID-19 pandemic.

Volunteer & Community Service (1000+ Hours)

White Rope Training Volunteer – JBSA Lackland, TX (2020): Supported the spiritual and emotional resilience of 4,000+ trainees across 18 weekly services during the COVID-19 emergence; provided direct peer support to 100+ students weekly; safeguarded \$500,000 in equipment and \$36,000 in weekly offerings with integrity; completed 53+ documented hours of service.

Food Drive Volunteer – Albuquerque, NM (2020–2022): Coordinated and distributed resources during monthly food drives for 18 months, contributing over 200 hours of community service to address food insecurity.

John Amir Zargar

Bowie, MD 20716 | (818) 800-4432 | zargarjohn@gmail.com

Community Food Outreach – Layton, UT (2022–2024): Organized and staffed monthly food drives for 2 years, providing direct support to hundreds of families and totaling 150+ service hours.

Airman’s Attic Coordinator – Hill AFB, UT (2022–2024): Led efforts at Hill AFB to organize donations and distribute clothing and household goods to 200+ families; coordinated logistics, totaling 250+ hours.

Homeless Veteran Outreach – Largo, MD (2024): Created and distributed veteran care packages across Maryland; supported 100+ veterans through resource connection, donations, and mentorship.

Military Sponsor – Multiple Bases (2020–2025): Provided ongoing peer support, mentorship, and resilience training for new Airmen graduating from their Technical Training Course, totaling 40+ hours.

Event Emcee for Military Events - Multiple Bases (2020–2025): Emceed 20+ events for military ceremonies, cleaning up after the event, and enhancing morale.

Community Cleanups – Multiple Bases (2020–2024): Participated in dozens of cleanups organized by the Air Force, restoring community areas, supporting military families, and totaling 100+ hours.

Church & Faith-Based Service – Multiple Bases (2020–2024): Assisted with worship coordination, youth outreach, and religious education across 3 states, contributing over 150+ service hours.

Crisis Line Training & Service – Remote (2025): Completed training for text-based crisis intervention, practicing suicide prevention, de-escalation, and resource connection skills.

Awards and Decorations

Academic Awards

Dean’s List – Summer 2025, Spring 2025, Fall 2024

Military Service Decorations

- Air and Space Achievement Medal - Awarded for notable achievements in non-combat roles.
- Joint Meritorious Unit Award - Recognizes units for exceptional performance in joint military operations.
- AF Good Conduct Medal - For three years of honorable service and exemplary conduct.
- Global War on Terrorism Service Medal - For service supporting Global War on Terrorism operations.
- Air and Space Longevity Service Award - For completing four years of honorable active service.
- Air and Space Training Ribbon - Recognizes completion of initial Air Force or Space Force training.
- National Defense Service Medal - For service during periods of national emergency or conflict.
- Volunteer of the Third Quarter (2023) - Outstanding volunteer work for the third quarter of 2023.
- Volunteer of the Year (2023) - Outstanding volunteer work for the third quarter of 2023.

Additional Information

Technical & Transferable Skills: Microsoft Office, Google Suite, Adobe Acrobat, Pro-Social Behavior, Presentation Skills, Detail-oriented, Effective Communication, Time Management, Result-Driven Mindset.

Languages: English (Native), Farsi (Proficient), Spanish (Beginner)

Certifications & Courses: Security Forces Technical School, Security Forces Qualifications Course, Secret Clearance, de-escalation of force training, Administration Apprenticeship Course, Self Aid Buddy Care, Utah Code of Justice Training Course, Text Crisis Hotline (currently enrolled to complete)